# VEGA Preschool Sample Schedule 3/4's Classes- 2 days a week 

## Tuesday

9:00 Welcome
9:15 Gymnastics
10:00 Bathroom/Snack Break
10:30 Free Play
10:45 Circle Adventures- Weather, Sing days of the week song, Count the days, Howdy Hat Helper, Show 'n' Tell, Storybook.
11:30 Creative Movement (upstairs in studio B)
12:00 Release- please pick up your student upstairs in studio B.

## Thursday

9:00 Welcome
9:15 Yoga
10:00 Bathroom/Snack Break
10:30 Free Play
10:45 Handwriting Without Tears- letters, numbers, colors, shapes.
11:15 Craft
11:30 Music (studio C)
12:00 Release- please pick up your student in studio C.

3/4 class options:
Monday/Wednesday/Friday 9am-12:00pm or
Tuesday/Thursday 9am-12:00pm

