



VEGA Preschool

Program Navigation Guide (COVID-19 updated guidelines)

Class Schedules for the 2021/2022 School Year (class sizes will stay small until COVID restrictions are lifted)

3/4's Class options –

Monday/Wednesday/Friday 9-11:50am or
Tuesday/Thursday 9-11:50am

Pre-K Class 3-day program- Monday, Tuesday, Thursday 12-2:50pm or
Pre-K Class 4-day program- Monday, Tuesday, Thursday, and Friday 12-2:50pm

Our first day of classes will be Wednesday, September 8 and Thursday, September 9, 2021

Drop Off

Students are to arrive no more than 5 minutes before class time. Upon arrival, parents and students are asked to wait outside of the building until a teacher comes out to escort your child inside. Once the outside doors open, a series of health questions will be asked, and your child's temperature will be taken. Drop off will occur at the outside doors (labelled ENTER) closest to the preschool room. Please have your student use the restroom at home before you come to school. Students will be escorted to and from all activities throughout the day, including individual restroom trips.

Pick Up

Parents are asked to wait outside of the doors marked exit (closest to the gym) for their student. A teacher will escort them outside to you. Students are to be picked up immediately at the end of class. Only people identified in your child's file can pick up your

student from class, unless otherwise noted. In case of an emergency that enables you to pick up your student on time, we ask that you call the office so your teacher can make arrangements for your student until you arrive. If you are more than 10 minutes late, your child will be in the VEGA Office with office staff. If you are consistently late, we will charge your account a dollar a minute after 10 minutes.

Special Classes

Students will enjoy gymnastics, dance, yoga, and music classes during their school day with us. Please have them dress comfortably so that they can move easily in these classes.

Communication

Our private VEGA Preschool Facebook group provides daily information about what the students are learning in class through updates, pictures, and video. Request to join our Facebook Group (VEGA Preschool) as soon as possible to stay up to date. This group is for family members only. Positive interaction on our wall is encouraged. Instructors will return messages during class hours. A weekly newsletter/note is sent home with the same information that is posted on our Facebook page. Email is also used to communicate with families. Please make sure the office has your current email on file.

Special Events

At this time, special events, guest visitors and field trips will not be held in person. We will hold zoom meetings and/or Facebook live performances throughout the year. There will be class parties and celebrations throughout the year.

School Closures

VEGA Preschool will observe National Holiday's such as Labor Day, Veteran's Day, Martin Luther King Day, President's Day, and Memorial Day. VEGA Preschool will also close for Thanksgiving, Christmas, and Spring vacations. For inclement weather closures, we will follow the Camas School District's decisions. This means that if Camas School District has a late start, our morning classes will be cancelled. If Camas School District cancels for the day, none of our preschool classes will meet. If a class is cancelled due to inclement weather, emails will be sent, and Facebook updates will be made. It is the responsibility of the parent to check the Camas School District decision, email and/or

Facebook for building closure updates. Weather related closures will not be made up and are non-refundable. If Washington state requires VEGA to close because of COVID issues in our area, VEGA Preschool will use an online format for classes.

Absences

If your student will be missing class for an extended amount of time, please be sure and let your teacher know, so they can plan accordingly. To report absences due to illness, please call the VEGA Office at 360-834-7424.

Your Child's Health

Contagious disease, colds and the flu can be a problem for preschool aged children. Please stay home if you, or **anyone in your household**, have been exposed to a confirmed case of COVID-19, have tested positive for COVID-19, or are having any of the following symptoms within the last 72 hours:

Cough

Fever of 100.3 or higher

Sore Throat

Chills

Headaches

Loss of taste or smell

Body Aches

Vomiting

Diarrhea

Rash

All medication should be administered before coming to class and a teacher informed in case a reaction occurs. Please inform teachers about any special needs or allergies involving your student before classes begin in September.

A comprehensive first aid kit is maintained for our VEGA Preschool program and our staff is equipped with CPR and First Aid Certificates.

Hand Washing

Hand Washing is the most effective practice in preventing the spread of germs. Teachers and students are required to wash their hands after engaging in a variety of activities, after using the restrooms and before eating. Sanitizer will also be used regularly throughout the day.

Cleansing and Disinfecting

VEGA Preschool makes it a priority to clean the surfaces that children come in close contact with, using soap and water as well as a disinfectant throughout the day. A thorough cleaning takes place after our classes are finished for the day. Toys are rotated between classes and are wiped down and sanitized daily. They will be sanitized more often when necessary. Restrooms will be disinfected after each use.

Snacks

Due to the various nutritional needs of our individual students, each child will want to bring a well-balanced snack and water bottle with them to school. The afternoon Pre-K class will not be eating lunch during our school day. All classes will have a snack time. If you plan on bringing special treats in for the class, please let the teacher know in advance so they can plan accordingly. Special treats need to be individually wrapped and store bought. Teachers will wear gloves when directly handling food.

Clothing

We ask that tights and fluffy or long skirts be saved for dance, as they can be a safety challenge for our students during gymnastics. Comfortable and size appropriate clothing are encouraged.

Although children in our VEGA Preschool are potty trained, accidents can still happen. We would like to lessen the impact of these accidents, and quickly return your child to class by having parents provide an extra set of clothing in a Zip-lock bag with their name on it to be kept in their backpack. Please label jackets with your child's name.

Directions

VEGA Preschool teachers use a basic re-direction style to help our students navigate the classroom. To help them learn how to master their environment, students will be encouraged by teachers to help problem solve. In the event that a student is experiencing continual challenges within the structure of the program, a teacher will ask them to observe the classroom and discuss a clear set of rules and expectations for the student. We will then help them re-engage into the activity at hand.

If a student is unable to participate in class or has hurt another student, the parent will be called and the student sent home for the day. A teacher will then contact the parent to begin a helpful, age appropriate plan for further reference. If as a team we are unable to help in making the appropriate adjustments for your student, the director will suggest another age and time appropriate class VEGA has to offer, or suggest waiting until the child is developmentally ready for our programs. VEGA Preschool reserves the right to excuse a student from the program, at the discretion of the director.

Books for Sale

Throughout the year we will send home Scholastic book order forms with your child. Book orders are offered as an optional courtesy to our students and their families.

Supplies

There will be a \$50 supply fee due along with September tuition. With these funds, VEGA Preschool will purchase all individual supplies (pencil box, crayons, glue sticks and scissors). No community supplies will be used. If you would like to help us in providing for our classroom, you are welcome to help as you are able, and we appreciate all of your donations.

Physical Distancing

Students will be kept in our class group throughout the day. We will not be in contact with other groups while in our building. We will use physical distance guidelines and transparent barriers as often as possible. With young children, it is impossible to physical distance 100% of the time. We will always do what is necessary to care for your child even if that means being in their space for a limited amount of time.

Masks

Staff will be wearing masks. Students ages 3 and 4 are strongly encouraged to wear masks. Children age 5 and up are required to wear mask. Face shields are not accepted unless worn along with a mask.

Contact Information

VEGA Preschool Director- Amy Meyer
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