

## WA State Gymnastics Championship 2024

Date	Session #	Level / Divisions	Ages per session	Format	Open W/up	March in	Awards
March 15th, 2024, Friday	Session 1 33	Club ( all levels) L-8, 9, 10 <b>JE</b>	All ages	Modified Capitol cup	4:30p	4:50p	7:30p Only for Club
Date	Session #	Level	Ages per session	Format	Open W/up	March in	Awards
March 16th, 2024, Saturday	Session 2 63	L-5 ( D1& D2) L-6 (D1& D2)	All ages	Modified Capitol cup	8:30a	8:50a	12:00p
	Session 3 51	L- 7 L-8 ( JN ) L-8 ( JE )	All ages	Modified Capitol cup	12:30	12:50p	4:15p
	Session 4 54	L-9 ( JN & JE) L10 ( JN & JE)	All ages	Modified Capitol cup	4:30p	4:20p	8:15p
Date	Session #	Level	Ages per session	Format	Open W/up	March in	Awards
March 17th, 2024, Sunday	Session 5 89	L-4 ( D1 & D2 )	All ages	Modified Capitol cup	8:00a	8:20a	11:50a
	Session 6 53	L-3 ( D1 & D2 )	6-9 years	Modified Capitol cup	12:15	12:35p	3:10p
	Session 7 51	L-3 ( D1 & D2 j	10+ years	Modified Capitol cup	3:30p	3:50p	6:10p

**Updated as of 3/05/24**